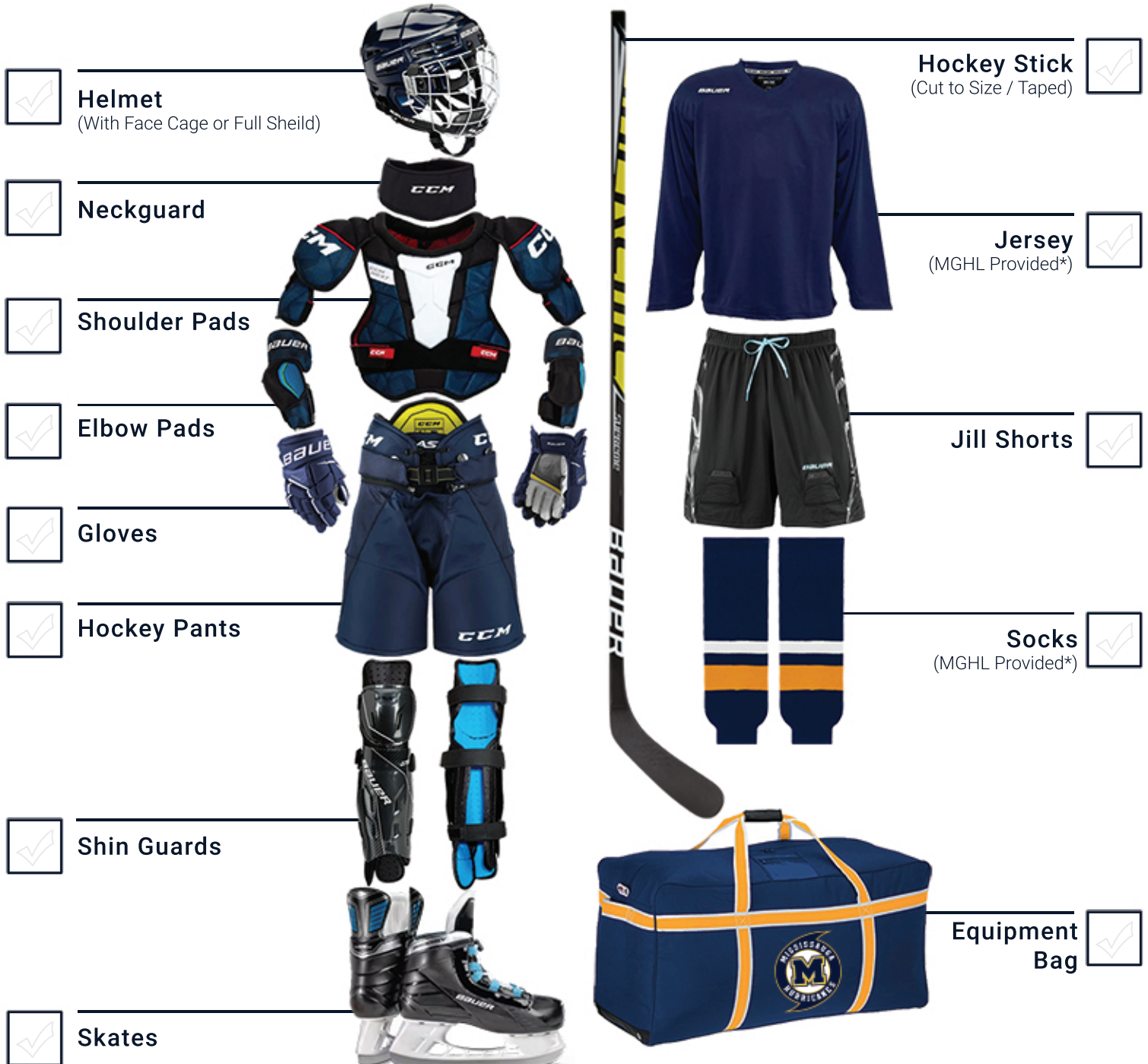




# Hockey Equipment Checklist

No matter what youth league your child plays in, they will need each piece of equipment shown in this checklist. This ensures that they will be as safe as possible while on the ice, as this equipment protects your child from falls, errant sticks, pucks, and so on.





# Hockey Equipment Fit Sheet

You may bring this document to a hockey equipment retail store and get a sales associate to help you choose the correct sizes of hockey gear.

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## Helmet (IMS 5.0 Model)

Youth Prodigy      Small      Medium      Large

## Neck Guard

Youth      Senior

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## Shoulder Pads

Youth S      Youth M      Youth L  
Junior S      Junior M      Junior L

## Elbow Pads

Youth S      Youth M      Youth L  
Junior S      Junior L

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## Jill Mesh Short

Youth XS      Youth S      Youth M  
Youth L      Youth XL

## Hockey Pant

Youth S      Youth M      Youth L  
Junior S      Junior M      Junior L

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## Shin Guards

8"      9"      10"      11"      12"      13"      14"

## Gloves

8"      9"      10"      11"      12"      13"      14"

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## Skates (not shoe size, no half sizes)

Youth 8      Youth 9      Youth 10      Youth 11      Youth 12      Youth 13  
Junior 1      Junior 2      Junior 3      Junior 4      Junior 5  
Senior 6      Senior 7      Senior 8

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## Stick

Youth Left      Youth Right  
Junior Left      Junior Right  
Intermediate Left      Intermediate Right

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